

## ASSESSING SELF-PERCEPTIONS OF COLLEGE TEACHERS

### TOWARDS JOB BURNOUT

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#### ABSTRACT

Burnout is a major issue in educational institutions among the college teachers which makes them drained out from the workload making them to have a diminished behavior in work, keeping this the present study aims to assess the self-perception of college teachers towards their job. The sample size of the study is 100. The educational institutions from Coimbatore city is considered for the study. The statistical tools adopted was percentage analysis and structural equation modelling, indicating that the self-perception of the college teachers towards their job has a positive relation with family type having low level of burnout. The results of the study suggest that management must encourage the teachers to participate in workshops on stress management and behavioral science.

**KEYWORDS:** Self-Perceptions, Burnout